



The 3<sup>e</sup> Factor  
The Power of Human Energy

# The 3eFactor “XO” PathFinder Program

Session #	Session	Outcomes
Pre-session	Ascertain current status of participant and broad aims for the next 3-5 years	Creation of quick profile of participant, identifying key areas of interest - agreement with respect to desired PathFinder journey.
1	Life Platform	Clarity on key aspects of life in terms of family, friends, peers and networks.
2	Concepts of Energy	Understanding types and impacts of Energy, securing tools to apply including the power of engagement.
3	Managing Time Outside Work	Life/Work Balance, being clear on purpose, understanding impacts on leadership and future direction.
4	Communication Module	Understanding clear Communication at all levels - and the differing requirements at each.
5	Universal Truths in Commercial Life	Understanding the way things are - and how to create your own destiny notwithstanding.
6	Implementation Planning	Development of implementation path for learning and strategies flowing out of each of the preceding sessions - ‘S.M.A.R.T’ Objectives to monitor progress.

NB: The structure is flexible and will vary based on individual mentoring and tailoring of needs which is what makes this program more powerful, unique and effective.